«Name»

«Address»

**Public Health Service 2017 (PHS 2017) Health Screening Report**

Dear Sir/Madam («NRIC»),

Thank you for participating in our health screening at Jurong East on 21st/22nd October this year. Here are your screening results:

**Body Mass Index (BMI)**

Your height is *«Height»* cm, and your weight is *«Weight»* kg.

Your BMI is *«BMI»* kg/m2.

According to the revised Asian BMI guidelines, your BMI is in the **normal/abnormal** range.

A healthy BMI is of a value between 18.5 and 22.9 kg/m2.

**Blood Pressure**

Your average blood pressure reading is *«Average Reading»* mmHg.

A healthy blood pressure reading is around 120/80 mmHg.

**Blood Test Results**

Your blood test results have been enclosed in the same envelope as this health report. **They are satisfactory/Unfortunately, they are not satisfactory**.

**Recommendation**

Your overall health screening result is **not satisfactory**.

We recommend that you visit your family doctor soon with your screening results. He/She will be able to advise you on your next steps.

As part of our post-screening follow-up procedure, we will be calling you in about 2 weeks’ time to address any issues or queries you may have.

Should you have any queries, feel free to contact us at [ask.phs@gmail.com](mailto:ask.phs@gmail.com). We hope that you have benefitted from PHS 2017 and would continue to support us in the future.